

Help Write Our First Meditation Book



We need you to submit your spiritual experience, strength and hope!

- ▶ Personal experience must be the author's original content
- ▶ Content should focus on recovery topics
- ▶ Length should be approximately 250 words or less

In keeping with the 11th Tradition, submissions will be reviewed anonymously and the authors of meditations ultimately selected for the book will be asked to maintain their anonymity. Replies will be sent when the selection process is complete.

E-mail submissions are preferred. Submissions in any language accepted. Each submission also requires a properly signed original hard copy release (please use the form on the back of this flyer).

E-mail your documents to submissions@ca.org or by regular mail to:

CAWSO, Inc.
Attention: LCF Committee
3740 Overland Avenue Suite C
Los Angeles, CA 90034-6337

For more information, please call 310-559-5833



February 7th
Sharing

"What we failed to do alone, we can do together."
(Tools of Recovery)

We share our experiences at meetings because it helps us to stay sober. By sharing, we express our love for others who might be having the same difficulties and joys we have had. It helps us all to understand we are not alone and that we have common situations we work through on a daily basis.

Thought of the Day

I will share my experience today so that others may take comfort in the knowledge that others have been there and done that. I will share my experience today in the hope someone will help me. I will share today to bring us together.



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AND ACKNOWLEDGEMENT OF ORIGINALITY**

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